

JUNE 2011

THE SPICE

A taste of what's happening for women.

Burn Bright!

Grab your sunscreen! It's time to head to the beach to soak in the sunshine, relax in the cool salt breezes, splash in the waves...and savor the grit of sand in our sandwiches! Yum.

Summer is here, but as the days are heating up, do you find your faith growing cold? Does your Bible study group stop meeting in the summer? Does your daily routine become anything but routine?

Finding time for prayer, Bible reading, and worship can become a challenge during the busy summer months. And it sure is tempting to trade time with God for that pool party and barbecue! But don't let your faith burn out just because it's time for summer break. Pack your beach bag with the following faith essentials, and stay burning bright for Jesus all summer long!

Sunscreen—Prayer. Cover yourself with prayer every day for protection from burnout and any harm that might come your way.

Snacks—Scripture. Taste and see that the Lord is good all summer by packing your favorite Scripture verses with you in bite-sized pieces to nibble on throughout the day.

Sunglasses—Focus. Keep your eyes on Jesus and you won't be blinded by temptations that distract you from following your faith.

Camera—Be a picture of love! Capture the memories of the special times you share with friends and family, and be a picture of God's love wherever you go!

Beach mat—Rest. Take a break from stress this summer. Don't become weary in doing good; let someone else carry the load for awhile...and find your rest in Jesus.

Swimsuit—Courage. If you're going to burn bright for Jesus this summer, you'll need to be willing to shine your light. Remember, it's not about exposing yourself; it's about exposing others to Jesus!

LifeSpring
Women



THE WORD

"In the same way, let your good deeds shine out for all to see, so that everyone will praise your heavenly Father."

—Matthew 5:16 (NLT)

SCRIPTURE SNACKS

"Taste and see that the Lord is good."
(Psalm 34:8)

"Your word is a lamp to guide my feet and a light for my path."
(Psalm 119:105)

"For in him we live and move and exist."
(Acts 17:28)

"For I can do everything through Christ, who gives me strength."
(Philippians 4:13)

Brighten Your Neighborhood

You don't have to be a secret millionaire on TV to make a big difference in your neighborhood this summer. By volunteering for even a few hours a month, you can help brighten someone's life or freshen up the area where you live. Gather family and friends and commit to blessing your community by pitching in to meet the needs of others. Plant a flower, give a ride, make a sandwich. Need more ideas? Find the perfect match for your volunteer skills through the website volunteermatch.org. Just type in your ZIP code and check out hundreds of listed opportunities in your area. You're sure to say "I found a match!"



Be a Pearl

What is a pearl? A pearl starts out as a simple grain of sand. When that grain of sand enters into an oyster, it causes irritation that makes the oyster react by coating the grains with a substance called *nacre*. Over time, the layers of nacre build up and become a pearl.

A woman who decides to *be* a Pearl allows God to refine and mold her through the irritations she encounters in life into something of beauty that

reflects God's love to the world. As she shines that love, she becomes a mentor to another girl or woman—a Pearl in a strand of Pearls that represent all the women who have encouraged, loved, and believed in her. Who are the Pearls in your life and on your strand that have blessed you? Who will you be a Pearl for this summer?



Let the Sunshine In!

Are dirty, streaky windows making the gorgeous sunshine of summer look dingy and dull in your home? Toss aside the products in your cleaning closet that are labeled with advertising-speak, and try the professional's secret: cool, clean...water! Add 2 to 3 tablespoons of vinegar per gallon to cut the dirt, and then follow these two easy steps:

- Wash the inside of the window with horizontal strokes and the outside with vertical strokes (so you can tell on which side you missed a spot).
- Dry your windows with crumpled up newspaper for a sparkling clean, lint-free, and streak-free shine!



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Just for you!

GirlFriends' Brunch – A Garden Gathering

The Women's Ministry Event Team invites you to a fun get together in their beautiful garden, Saturday, June 18th from 9-11 a.m. in the Connecting Center. You will enjoy a delicious catered brunch, guest speakers, a small craft and fabulous door prizes. Invite a family member, neighbor or friend to come.

Tickets are \$10 and available in the Connecting Center after service on Sundays. Last day to get your tickets will be on June 12th.

**Ask about our half price ticket deal!
Hats are welcome.**

Contact: Patricia Brennan at (970) 669-0777 or email Patricia@AmericanClassicBarns.com for more information or to buy tickets.



Book Review

You're Designed to Shine!

Author: Christina DiMari

Publisher: Group Publishing

"Like the starfish, when we connect to God as our Source of Life, we can find healing and restoration in God, thus becoming a whole star, able to shine for others."

Stick your toes in the sand, and pick up this beach-themed Bible study this summer! Write, color, doodle, share, reflect, relax, and learn to anchor your life in Jesus. Gather your pod of girls—girlfriends, daughters, mothers, or students—and explore where you've been, who you are, and where you'll go. Together you'll pick up pearls, ride the wave of God's dream for your lives, and learn to shine bright for Jesus.

The six sessions of *You're Designed to Shine!* can be completed over six weeks or as a weekend retreat. Plan a special "at-the-beach" gathering, and let God show you how you were designed to shine.

Talk about it:

- A sea star (starfish) can heal from injuries if it stays in the ocean. How does God heal your injured heart?
- What gifts has God given you to shine for others?

Find the *You're Designed to Shine!* Bible study at group.com, and connect with the ministry on Christina's website, DesignedtoShine.org.



June

A Taste of What's Happening
for Women



Sun	Mon	Tue	Wed	Thurs	Fri	Sat
			1	2	3	4
			Playday 10:30am 7 Lakes		Larimer County Det.Center Bible Study, call Sue Roberts (970) 690-4585	Spiritual Growth Workshop in FTC at ECC 9-3:00 p.m. Contact Tim Mussellwhite
5	6	7	8	9	10	11
GirlFriends' Brunch Ticket Sales after service	Vacation Bible School 9am- noon	Vacation Bible School 9am-noon	Vacation Bible School <u>9am-noon</u> Widows Luncheon 12 noon	Vacation Bible School <u>9am-noon</u> Primitives 5:30pm	Vacation Bible School 9am-noon	
12	13	14	15	16	17	18
LAST DAY to get your GirlFriends' Brunch Tickets	Sew Together 11 am		Playday 10:30am (Sports)		GirlFriends' Brunch set-up 3:30pm	GirlFriends' Brunch 9- 11 am
19	20	21	22	23	24	25
	Larimer County Det. Center Bible Study, call Sue Roberts (970) 690- 4585	First Day Of 	Playday 10:30am (Barnes)			
26	27	28	29	30		
			Playday 10:30am (Fairgrd)			

Contact for more information:

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